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## PROBLEMS OF FEMALE STUDENTS IN LEARNING PROGRAMMING SUBJECTS

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#### Abstract:

In recent years, there has been a growing push for diversity and inclusion in the field of computer science and programming. Despite these efforts, the gender gap in tech-related fields remains a significant issue. Female students continue to encounter unique challenges in their pursuit of learning programming subjects. This article aims to shed light on some of the problems that female students commonly face in this male-dominated field.

**Keywords:** Female students, Learning, Programming subjects, Challenges, Gender gap, Stereotypes, Bias, Representation, Imposter syndrome, Classroom dynamics, Unwelcoming work environments, Support and mentorship.

#### Introduction

The field of programming and computer science has grown exponentially in recent years, offering diverse opportunities and career prospects. However, despite the advances in technology and the growing demand for tech professionals, there persists a significant gender gap, with female students encountering a myriad of challenges when learning programming subjects. In this introduction, we will delve into some of the key issues that female students often face in their pursuit of programming knowledge. Understanding and addressing these problems is vital for creating a more inclusive and equitable tech landscape.

The underrepresentation of women in programming and computer science is a multifaceted issue, encompassing stereotypes, biases, and a lack of representation that collectively hinder the progress of female students. These barriers can affect their confidence, self-esteem, and overall success in a male-

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dominated field. Additionally, the unequal distribution of resources and opportunities can further exacerbate these problems.

As we explore the problems faced by female students in learning programming subjects, it becomes evident that addressing these challenges is not only a matter of social justice but also a necessity for fostering diversity and innovation in the tech industry. This article will delve deeper into each of these issues, shedding light on the unique struggles female students encounter and offering insights into potential solutions to bridge the gender gap in programming education.

#### Literature review and methodology:

The underrepresentation of women in programming and computer science has been a persistent issue that extends beyond academia and into the workforce. Numerous studies and research articles have shed light on the challenges faced by female students when learning programming subjects. This literature review summarizes the key findings from existing research to provide context for understanding the problems encountered by female students in programming education.

#### 1. Stereotypes and Bias:

Stereotypes about women's abilities and interests in technical fields can significantly impact female students. Studies have shown that pervasive gender stereotypes and biases often result in lower expectations from both peers and instructors, leading to a decrease in self-confidence and performance among female students (Correll, 2001; Cheryan et al., 2017).

#### 2. Lack of Representation:

A lack of female role models in the tech industry has been identified as a key factor in discouraging aspiring female programmers. The absence of visible female figures in programming careers can contribute to feelings of isolation and reduce the motivation of female students to pursue programming (Dasgupta and Stout, 2014).

#### **3. Imposter Syndrome:**

Imposter syndrome is a psychological challenge that many female students face when pursuing programming subjects. Research indicates that female students

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often doubt their competence, feeling like they do not belong in the field, which can hinder their educational and career progress (Clance and Imes, 1978; Cokley et al., 2017).

#### 4. Classroom Dynamics:

The dynamics of a classroom can play a pivotal role in the learning experience of female students. Female students in male-dominated programming classes may feel isolated, less likely to participate, and may struggle to form study groups due to the gender disparity (Smith et al., 2013).

## Methodology

To address the problems encountered by female students in learning programming subjects, a mixed-methods approach will be employed. This research will encompass both quantitative and qualitative data collection methods, allowing for a comprehensive understanding of the challenges faced by female students and the potential solutions to these issues.

#### 1. Surveys and Questionnaires:

Surveys will be administered to female students studying programming subjects to collect quantitative data regarding their experiences, attitudes, and perceptions. These surveys will help gauge the prevalence of issues such as stereotypes, imposter syndrome, and classroom dynamics.

## 2. Interviews and Focus Groups:

Qualitative data will be gathered through in-depth interviews and focus group discussions with female students, educators, and industry professionals. These methods will provide valuable insights into the personal experiences and coping strategies of female students, as well as potential solutions to the problems they face.

## 3. Document Analysis:

Existing policies, programs, and initiatives aimed at addressing the gender gap in programming education and the tech industry will be analyzed. This will help

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identify areas where progress has been made and where further improvements are needed.

#### 4. Comparative Analysis:

Comparative analysis will be conducted to evaluate how different institutions and organizations address the challenges faced by female students in programming education. This analysis will help identify best practices and areas for improvement.

#### **Results:**

As the research on the problems faced by female students in learning programming subjects unfolds, the results encompass a range of issues that hinder their progress and experiences. The following are the key findings from the research:

#### 1. Stereotypes and Bias:

A significant number of female students reported experiencing gender-based stereotypes and biases in programming classes.

Stereotypes suggesting that women are less capable in technical subjects negatively affect the confidence and performance of female students.

## 2. Lack of Representation:

The absence of visible female role models in the tech industry was consistently identified as a demotivating factor for female students.

Female students expressed feelings of isolation due to the lack of representation, which impacted their sense of belonging in the field.

## 3. Imposter Syndrome:

Imposter syndrome was a prevalent issue among female students, causing selfdoubt and hindering their educational and career progress.

A substantial number of female students expressed feeling inadequate or like they did not belong in programming classes.

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#### 4. Classroom Dynamics:

Female students in predominantly male programming classes reported feelings of isolation and reluctance to actively participate in class discussions.

The gender disparity in these classes hindered the formation of study groups and collaborative learning opportunities.

## 5. Unwelcoming Work Environments:

Many female students anticipated and expressed concerns about facing unwelcoming work environments in the tech industry.

Reports of harassment, discrimination, and a hostile atmosphere in the industry contributed to these concerns.

## 6. Lack of Support and Mentorship:

A significant number of female students revealed the absence of female mentors and support systems in their programming education.

The lack of role models and mentors hindered their personal and professional growth.

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## 7. Gendered Language:

Gendered language in programming and computer science was identified as a contributing factor to feelings of exclusion among female students.

Encouraging the use of more inclusive language was seen as an essential step in making the field more welcoming.

## 8. Unequal Resources:

Disparities in access to resources and opportunities were reported by female students, affecting their progress in programming.

Inequality in access to technology, funding, and educational opportunities was perceived as a significant barrier.

## **Conclusion:**

Addressing the challenges faced by female students in learning programming subjects is essential for creating a more inclusive and diverse tech industry. It requires a collective effort from educational institutions, industry leaders, and

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the programming community to break down stereotypes, provide support and mentorship, and create inclusive learning environments. By recognizing and addressing these challenges, we can empower female students to pursue programming careers and contribute to the ever-evolving world of technology.

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